

**League Contact:**

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INDOOR COED VOLLEYBALL LEAGUE RULES

All Volleyball games will be played in accordance with USA Volleyball Official Rules, with the exception of any rule changes specifically stated in these rules.

A. THE GAME

1. Players must be 18 years of age.
2. Scoring system: **RALLY SCORING** — points are awarded for each serve!
Scoring in the games of each match:
 - a. A game is won by the team which scores 25 points
 - b. Games 1 and 2 played to 25. Game 3 played to 15.
 - c. Must win by two points
3. At the end of each game, teams will change sides of the court.
4. Each match is three games in length. If a team wins the first two games, the third game will be played because the league standings will total all games won or lost during the season.
5. Each team is responsible for recording their score for each game. Each gym/site has a duffel bag and a white binder with the City of Clive logo. Included in the binder are: Scoresheets, pens, Rules, Team Roster Forms (For any additional players added), Master schedules, First Aid Kits/Ice Packs, and Incident Reports.
6. Please confirm with your opposing team's captain that the score was written down correctly. Each captain needs to sign the scoresheet confirming the match score is correct.
7. No more than six players are allowed on a side of the court at one time. Each team must have four players at the start of the match. At least 50% of the team playing must always be women.
8. The number of men playing cannot outnumber the number of women. Ex. If your team has only two women on the court playing, only two men are permitted. You may play with a third man, but that player must be rotated in appropriately at serve.

B. THE SERVE

1. *Starting the Match:* Teams will volley to determine who serves first. The serve for the second and third game is awarded to the loser of the preceding game.
2. The right, back player of the serving team shall be the server of the game. Thereafter all players on the team which are to serve, rotate clockwise when side-out is declared.
3. Substitutions must rotate into the server's position.
4. The ball must not be served until opponents are ready and in proper position.

5. Before each serve the server must call out the score, saying their score first, then the score of opponent.
6. While serving, if the ball, after having been tossed or released by the server, lands without touching the serving player, it is considered a service tossing error and the player may re-serve. One service tossing error is permitted for each service.
7. The serving order and positions on the court at service shall be alternation of male and female or vice-versa.
8. **To be eligible to play, the player's name and signature must be on Team Roster Form. All roster forms must be turned in by the first night of competition to the City of Clive Parks & Recreation Department.**
9. **To add a player, a form must be filled out with the player's name and signature. The form must be turned in before the start of the match.**

C. PLAYING THE GAME

1. There will be no officials to call the game. Self-officiated games. Please act accordingly.
2. When a conflict of in/out, or other violations exists, please simply replay the point.
3. When opposing players commit simultaneous fouls, the point shall be replayed.
4. Each team cannot hit the ball more than three times before they return it over the net. A block does not count as a hit.
5. Players may not hit the ball twice in succession. *Exception: Blocking the ball.*
6. Players cannot carry, scoop or lift ball with open hands. Ball must not visibly come to rest on the player's hands, fingers or any other part of the body. If illegal hit is used...side-out or point for the non-offending team.
7. Coed: When the ball is played more than once by a team, at least one of the contacts must be made by a female player. There is no requirement for a male player to contact the ball, regardless of the number of contacts by a team.
8. A player cannot block a serve.
9. **A male back line player may move to the front line for blocking purposed only when there is only one male on the front line at the time of the serve.**
10. Players cannot touch or come in contact with the net or supports when the ball is in play. Penalty – side-out and/or point for non-offending team.
11. Players cannot go under the net onto the opposing side. Penalty – side-out or point for non-offending team.
12. A ball may be played off the net as long as there is no player contact with the net.
13. Serves: The ball can hit the net and go over.
14. The served ball is dead and declared side-out to the other team when:
 - a. it touched the ground/sand of the serving team;
 - b. it crossed the net outside the markers;
 - c. it touched a teammate of the server;
 - d. it passes under the net;
 - e. Ball lands out-of-bounds.
14. If a ball is hit out-of-bounds and is caught by a member of the opposing team before it hits the ground, the ball is counted as good.

15. "Ball" is a safety called out when the court next to your court has a ball that enters your court, but the ball must be directly interfering with the play and poses danger to players involved therein.
16. It is common courtesy that the ball is returned to the serving team by being rolled on the ground under the net on each change of service or after each point is served.
17. Use common courtesy in keeping the game moving.
18. Each team is allowed one time out per game. Maximum 60 seconds in length.
19. The gym ceiling is considered out of bounds if the ball contacts the ceiling then goes over the net. The ball can be played if it hits the ceiling and is played by the same team with less than 2 hits.

D. CANCELLATIONS/WEATHER

1. In the event of adverse weather conditions, Clive staff will use three methods to contact you only if a cancellation exists:
 - Email to team captain
 - Text message to team captain (only [if opted into text messaging](#))
 - Weather Hotline (515) 830-1234
 - If the Weather Hotline recording is not updated, assume games will be held as scheduled.

E. TIE-BREAKER

1. The following system will be used to determine league standings.
 - a. Game standings – %.
 - b. Head-to-head match standings – %.
 - c. Head-to-head game standings – %.
 - d. Head-to-head point differential.
 - e. Total league point differential.

WDM SCHOOLS & WAUKEE SCHOOLS: GYM RULES

1. **No alcohol or tobacco products of any kind.**
2. **No-Smoking Rule:** All schools - Smoking is prohibited on school property, including adjacent areas within 50 feet of playgrounds, park shelters, concessions stand, ballfields and sand volleyball courts. (In compliance with the Iowa Smokefree Air Act.)
3. All trash/bottles/litter must be disposed of in trash receptacles. Please be considerate!